Indian College of Cardiology
Kerala Chapter



Annual Conference

Scientific Program

Nov 28 & 29, 2026

Taj Gateway, Bekal





Organising Committee :



Dr. Placid Sebastian
President



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Vice President



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Dr. Thomas Mathew
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Dr. Umesan C V
Organising Secretary

DAY 1 SATURDAY 28 NOVEMBER 2026

09:00 - 09:30 am : Session 1 - ACS Unmasked : Troponin Tales, ECG Clues & Changing Definitions !

Chairpersons :	Dr. Binu S S, Dr Joseph Cardoz, Dr Sajeer K T, Dr. Manu Bhasker

Time	Topics (8+2 Mins)	Speaker
09:00 - 09:10 am	Fifth universal definition of MI 2026 - What has changed ?	Dr. Saritha Sekhar S
09:10 - 09:20 am	Troponins - Marker of myocardial injury, not a marker of myocardial infarction - how to interpret it judiciously	Dr. Cibu Mathew
09:20 - 09:30 am	OMI (Occlusive MI) and other high risk ECG patterns	Dr. Sreethal R Nair

09:30 - 10:00 am : Session 2 - ACS Decision making pathways

Chairpersons :	Dr. Anil Roby, Dr. Lais Muhammed, Dr. Navin Mathew, Dr. Laly DC

Time	Topics (8+2 Mins)	Speaker
09:30 - 09:40 am	Complete Revascularization in ACS :All at once or Stage It ?	Dr. Louie Fischer
09:40 - 09:50 am	"DAPT- Its De-Escalation & Monotherapy decisions: When Can We Drop Aspirin ?"	Dr. Deepak Raju
09:50 - 10:00 am	Nonculprit PCI in Cardiogenic Shock-Survival vs Angiographic completeness	Dr. Vinod Thomas

10:00 - 10:30 am : Session 3 - Congenital Hearts, Adult Challenges !

Chairpersons :	Dr. Krishnamoorthy K M, Dr. Kader Muneer, Dr. Salman Salahuddin, Dr. Gailin B Sebastian

Time	Topics (8+2 Mins)	Speaker
10:00 - 10:10 am	Adult congenital heart disease - Clinical landscape and challenges	Dr. Harikrishnan K N
10:10 - 10:20 am	Adut Eisenmenger Syndrome - Diagnostic challenges and management pitfalls	Dr. Arun Gopalakrishnan
10:20 - 10:30 am	Coronary sinus ASD- Is transcatheter closure feasible ?	Dr. Annu Jose

10:30 - 11:10 am : Session 4 - Bifurcation Battles : One Stent, Two Stents & Rescue Missions !

Chairpersons :	Dr. Madhu Sreedharan, Dr Rajalekshmi S, Dr. Abdul Mansoor, Dr. Mathew Job

Time	Topics (8+2 Mins)	Speaker
10:30 - 10:40 am	The Left Main Bifurcation -When Should I Abandon Provisional and Commit to Two Stents	Dr. Bino Benjamin
10:40 - 10:50 am	DK Crush and Culotte : The steps one cannot afford to miss	Dr. Rajasekhar Varma
10:50 - 11:00 am	Failed Left Main Bifurcation PCI-TAP, Culotte or something else ?	Dr. Renjukumar B C
11:00 - 11:10 am	Side Branch Lost during bifurcation PCI - various scenarios and tricks	Dr. Ramesh Natarajan

11:10 - 11:25 am	**Tea Break**

11:25 am - 12:05 pm : Session 5 - Lipid Wars : The Good, the Bad & the Controversial !

Chairpersons :	Dr. Markose K P, Dr. George Thayil, Dr. Cherian George, Dr. Sajan Ahmad Z

Time	Topics (8+2 Mins)	Speaker
11:25 - 11:35 am	Lipoprotein a -Measure everyone once or only high risk patient	Dr. Divakaran M G
11:35 - 11:45 am	Lipid lowering after ACS. Current recommendation	Dr. Abdul Nawaf
11:45 - 11:55 am	Fish oil/omega 3 supplements and its role. Good,bad or neutral	Dr. Muhammed Iesa
11:55 - 12:05 pm	Inclisiran in clinical Practice:Real Challenges,Real solutions	Dr. Louie Fischer

12:05 - 12:55 pm : Session 6 - Beyond the Angiogram : Seeing More, Knowing More & Stenting Smarter !

Chairpersons :	Dr. Asokan P K, Dr. Sivaprasad S, Dr. Sagy V Kuruttukulam, Dr. Sandeep Mohanan

Time	Topics (8+2 Mins)	Speaker
12:05 - 12:15 pm	Intravascular Imaging: Mandate, Option, or Quality Metric ?	Dr. C G Bahuleyan
12:15 - 12:25 pm	Left Main PCI: Is IVUS Still the Gold Standard and other Situations where I prefer IVUS	Dr. Sajan Narayanan
12:25 - 12:35 pm	IVUS Versus OCT: Five Lesions Where the Choice Really Matters-I prefer OCT.	Dr. Mathews Paul
12:35 - 12:45 pm	Beyond Plaque burden-What does NIRS add to IVUS in decision making	Dr. C D Ramakrishna
12:45 - 12:55 pm	Coronary Calcium: When Ballooning Harder Is the Wrong Answer	Dr. Madhu Sreedharan

12:55 - 01:35 pm : Session 7 - Rhythm Detectives : From AFib Emergencies to Smartwatch Mysteries !

Chairpersons :	Dr. VL Jayaprakash, Dr. Praveen G Pai, Dr. Showjad M, Dr. Deepu Rajendran

Time	Topics (8+2 Mins)	Speaker
12:55 - 01:05 pm	AF Ablation in Real World Practice - Who Should Actually Be Referred	Dr. Narayanan Namboodiri
01:05 - 01:15 pm	Afib in patients admitted in multidisciplinary ICU - Acute treatment and longterm management	Dr. Vivek Pillai
01:15 - 01:25 pm	Decoding a long Holter report and CIED data. Deciphering real facts from jargon	Dr. Jyoti Vijay
01:25 - 01:35 pm	Can a Smart watch really save lives or create more patients ?	Dr. Sujay Renga

01:35 - 02:15 pm	**Lunch Break**

02:15 - 02:45 pm : Session 8 - Pulmonary Embolism updates

Chairpersons :	Dr. Prabha Nini Gupta, Dr. Balakrishnan N, Dr. Muhammed Mustafa M, Dr. Jithu Sam Rajan

Time	Topics (8+2 Mins)	Speaker
02:15 - 02:25 pm	Pulmonary Embolism in 2026 - What has changed in risk stratification	Dr. Sheeba George
02:25 - 02:35 pm	Intermediate risk PE - who needs more than anticoagulation	Dr. Jomy V Jose
02:35 - 02:45 pm	Catheter based PE treatment - who benefits and what is the real world evidence ?	Dr. Balakrishna Pai

02:45 - 03:15 pm : Session 9 - Prevention Pearls

Chairpersons :	Dr. Kunhali K, Dr. Sasikumar M,Dr. Sudhayakumar N, Dr. Deepak Nandan

Time	Topics (8+2 Mins)	Speaker
02:45 - 02:55 pm	Vaccination as a new form of cardiovascular prevention	Dr. Prasanth S
02:55 - 03:05 pm	The Healthy Patient Asking for " Heart Check Up " " What Tests are really necessary ?	Dr. Binu S S
03:05 - 03:15 pm	Exercise prescription in cardiology	Dr. Vijo George

03:15 - 03.30 pm	**INAUGURAL CEREMONY**

03:30 - 03:50 pm : Session 10 - Presidential Oration

Chairpersons :	Dr. R J Manjuran, Dr. Ali Faizal, Dr. Asokan P K

Time	Topics (20 Mins)	Speaker
03:30 - 03:50 pm	Presidential oration	Dr. Placid Sebastian

03:50 - 04:20 pm : Session 11 - Grey areas in practice

Chairpersons :	Dr. Harikrishnan S, Dr. Praveen S, Dr. Vinu A, Dr. Shyam Lakshman

Time	Topics (8+2 Mins)	Speaker
03:50 - 04:00 pm	FFR Negative but the Patient Still Has Angina-What Have We Missed	Dr. Cibi Issac
04:00 - 04:10 pm	INOCA in the Cath Lab - Can We Diagnose Rather Than Reassure ?	Dr. Raghuram A Krishnan
04:10 - 04:20 pm	How to Read a Trial in Ten Minutes and Not Be Fooled: "Selling product vs saving lives"	Dr. Jaideep C Menon
04:20 - 04:30 pm	**Tea Break**	

04:30 - 05:30 pm : Session 12 - The Heart Failure Challenge

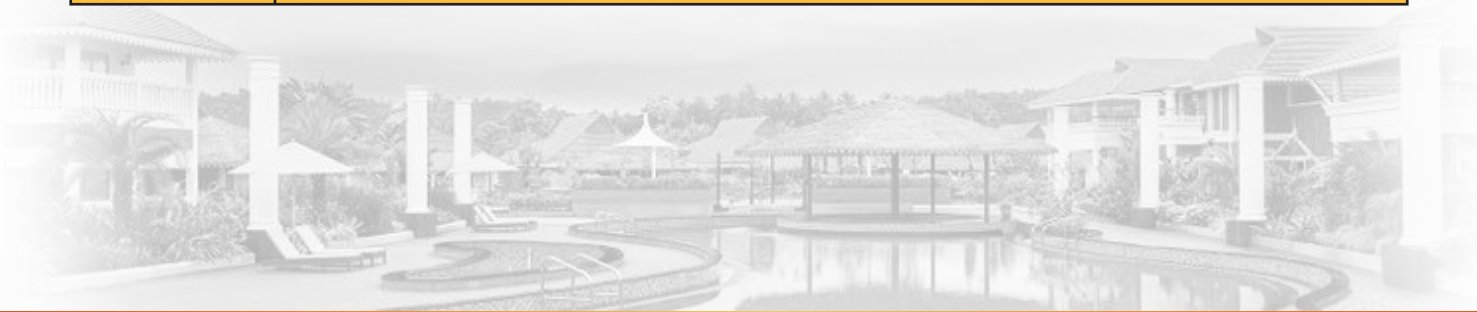
Chairpersons :	Dr. George Koshy A, Dr. V L Jayaprakash, Dr. Sajeev C G, Dr. John F John

Time	Topics (8+2 Mins)	Speaker
04:30 - 04.40 pm	2026 Heart Failure Guidelines update - The classification change and my 10 points for day to day practice	Dr. George Koshy A
04:40 - 04:50 pm	GDMT in heart failure - Achieving goals and tackling obstacles	Dr. Sreejith A G
04:50 - 05:00 pm	Approaching hyperkalemia in HF therapy	Dr. P V Girish
05:00 - 05:10 pm	Four Pillar GDMT Achieved but the Patient is still breathless - What next ?	Dr. Suneesh Kalliath
05:10 - 05:20 pm	Guideline directed interventional therapy - Tackling MR	Dr. Rajesh Muraleedharan
05:20 - 05:30 pm	Guideline directed interventional therapy - CRT and ICD	Dr. Praveen G Pai

05:30 - 06:15 pm : Session 13 - The Art & Tricks of Peripheral Intervention !

Chairpersons :	Dr. Vinayakumar D, Dr. Sreekala P, Dr. Philipose John, Dr. James Thomas

Time	Topics (8+2 Mins)	Speaker
05:30 - 05:40 pm	An Approach to Peripheral Angioplasty	Dr. Vinayakumar D
05:40 - 05:50 pm	My tips and tricks for below knee intervention	Dr. James Thomas
	Case Based Discussion (5 Mins)	
05:50 - 05:55 pm	Case 1 : A LeftSubclavian Artery Intervention	Dr. Sanchna Dev S
05:55 - 06:00 pm	Case 2 : Across The Plantar Arch- An Endovascular Approach to PTA interventionIntervention	Dr. Sreedev Aravind
06:00 - 06:05 pm	Case 3 : Double Barrel Aortoplasty in Infrarenal Aorta Total Occlusion	Dr. Aswin Narendran
06:05 - 06:15 pm	Q &A	
06:15 - 06:45 pm	**General Body Meeting**	
07:00 pm	**Dinner**	



DAY 2 SUNDAY 29 NOVEMBER 2026

08:30 - 09:00 am : Session 14 - DCB Present and future

Chairpersons :	Dr. Krishna Kumar K, Dr. Mahews Paul, Dr. Anil Kumar MK, Dr. Sherief S

Time	Topics (8+2 Mins)	Speaker
08:30 - 08:40 am	DCB for De Novo Coronary Disease ; Are We Ready to Leave Nothing Behind	Dr. Sivaprasad K
08:40 - 08:50 am	DCB and Bifurcation - Hybrid strategies	Dr. Stigi Joseph
08:50 - 09:00 am	Restenosis- DCB vs DES -Efficacy, evidence and logic	Dr. Sreekala P

09:00 - 09:30 am : Session 15 - Cathlab Complications and Bailout strategies

Chairpersons :	Dr. P K Asokan, Dr. K P Balakrishanan, Dr. Thomas Mathew, Dr. Aswin Paul K

Time	Topics (8+2 Mins)	Speaker
09:00 - 09:10 am	Suture based closure devices and tackling its complications	Dr. Praveen G K
09:10 - 09:20 am	Left Main Dissection Do Not Panic ,think in Steps	Dr. Jimmy George
09:20 - 09:30 am	Lost In the artery - Stent and Hardware Retrieval	Dr. Arif Muhammed

09:30 - 10:00 : Session 16 - Breaking Big from God's own country

Chairpersons :	Dr. R J Manjuran, Dr. K Venugopal, Dr. Jabir A, Dr. Raveendran P

Time	Topics (8+2 Mins)	Speaker
09:30 - 09:40 am	TIME HF and its impact in managing heart failure-Circulation AHA	Dr. Harikrishnan S
09:40 - 09:50 am	Long term outcomes of step wise provisional or upfront two stent strategy in LMCA bifurcation lesions-BMC cardiovascular disorders	Dr. Pratap Kumar N
09:50 - 10:00 am	Atrial High rate episodes mirror AF stroke prediction - J Arrhythmia	Dr. Namboodiri N N

10:00 - 10:50 am : Session 17 - The Structural Heart Challenge !

Chairpersons :	Dr. Vinod Thomas, Dr. Shafeeq Mattummal, Dr. Krishnakumar P, Dr. Stanly George

Time	Topics (8+2 Mins)	Speaker
10:00 - 10:10 am	Lifetime mangaement of Aortic Stenosis	Dr. Ashish Kumar M
10:10 - 10:20 am	Planning aortic interventions-from simple to complex	Dr. Ashraf S M
10:20 - 10:30 am	Transcatheter SV asd closure-Choosing appropriate stent	Dr. Edwin Francis
10:30 - 10:40 am	TAVI-Valve Selection	Dr. Shafeeq Mattummal
10:40 - 10:50 am	Unravelling the PFO-Insights through advanced Imaging	Dr. Salman Salahuddin

10:50 - 11:00 am	**Tea Break**

11:00 - 11:30 am : Session 18 - PCI Gone Wrong : Let's Fix It Together !

Chairpersons :	Dr. Sivaprasad K, Dr. Ashish Kumar M, Dr. Ashraf S M

Time	Topics (8+2 Mins)	Speaker
11:00 - 11:10 am	Failed PCI - Lets solve it together - Introduction to Case and how it went	Dr. Jabir A
11:10 - 11:20 am	Case discussion and My strategy	Dr. Pratap Kumar N
11:20 - 11:30 am	Discussion and Consensus	

11:30 - 11:50 am : Session 19 - Wireless Hearts & Magnetic Myths : The New Era of Cardiac Devices !

Chairpersons :	Dr. Muhammed Mustafa P P, Dr. Nandakumar S, Dr. Manoj Kumar P

Time	Topics (8+2 Mins)	Speaker
11:30 - 11:40 am	Role of leadless pacing in sinus node dysfunction	Dr. Mahesh NK
11:40 - 11:50 am	MRI and Cardiac electronic devices - Seperating facts from fear	Dr. Anees Thajudeen

11:50 - 12:00 pm	**The Best paper Award by Jury : Dr. R J Manjuran, Dr. Sudhayakumar N, Dr. K Venugopal, Dr. C G Sajeev, Dr. Kader Muneer, Dr. Narayanan Namboodiri**

12:00 - 01:00 pm	**The Cardiac Odyssey - Bekal Edition. A Cardiology Quiz for Consultants**	**Dr. Sajan Ahmad Z (Quiz Master)**

01:00 pm	**Valedictory moments and Lunch**

ABSTRACT PRESENTATION	Lotus Hall (Near main Lobby)	28 NOVEMBER 2026 - 10:30 – 12:00 PM

Judges - Dr. R J Manjuran, Dr. Sudhayakumar N, Dr. K Venugopal, Dr. C G Sajeev, Dr. Kader Muneer, Dr. Narayanan Namboodiri (Time 7+3 Mins)

10:30 - 10:40 am - Too Close to the Axis: Ablating Fascicular Ventricular Tachycardia at the Crest of the Interventricular Septum in an Unoperated Unbalanced AVSD: Dr. Sedhupathi Shanmugam, SCTIMST, Trivandrum

10:40 - 10:50 am - One Balloon, Two Purposes: Pulmonary Valvuloplasty Restoring Antegrade Flow and Creating Ventricular Access for Accessory Pathway Ablation in Right Isomerism: Dr. Sedhupathi Shanmugam, SCTIMST, Trivandrum

10:50 - 11:00 am - Beyond ST Elevation: Association of ECG Patterns with Angiographic Coronary flow in Patients with Non-ST-Elevation Myocardial Infarction : Dr. Aishwarya Rani H, Aster MIMS, Kannur

11:00 - 11:10 am - Impact of Electrode Configuration, Power and Duration on Steam Pop Incidence in Bipolar Radiofrequency Ablation: An Ex Vivo Bovine Study : Dr. Stalin P John Benz, SCTIMST, Trivandrum

11:10 - 11:20 am - Spot Urine Sodium as a Predictor of Cardiovascular and Renal Outcomes in Cardiorenal Syndrome: A Prospective Observational Study : Dr. Stalin P John Benz, SCTIMST, Trivandrum

11:20 - 11:30 am - When Calcium Masquerades as a Tumour: A Mobile Mitral Annular Mass Unmasked by Multimodality Imaging: Dr. Mohd Khaleef, MMCH, Kozhikode

11:30 - 11:40 am - Distribution and Long-Term Outcomes of Radiofrequency Ablation for Focal Atrial Tachycardia in an Indian Cohort: A Decade of Single-Centre Experience: Dr. Sedhupathi Shanmugam, SCTIMST, Trivandrum

11:40 - 11:50 am - When the Brake fails and the heart balloons-Dr. Farsana Ashraf, GMC, Kozhikode

11:50 - 12:00 pm - A Ghost from the past - Dr. Farsana Ashraf, GMC, Kozhikod

12:00 - 12:10 pm - When the Fix Isn't the End: A Post PCI Plot Twist: Dr. Anand Thomas, GMC, Calicut

Conference Secretariat :

Dr. Umesan C V

Organising Secretary

ICCCON 2026 Bekal

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